

Registration Form

No matter your age, Chesterfield Athletic Club has a tennis program for you. Tennis was the Club's genesis and is an integral part of who we are. Participate in a clinic, take a lesson from a pro, play in a league, get some time with the ball machine or play with friends. Our tennis professionals and programs will help you live a healthier, more active life — all while making new friendships and developing a lifelong passion for the game. Membership is required to participate in all leagues and clinics.

Name: _____

Member Acct. Number: _____

Phone: _____

Email: _____

Please indicate class name and circle day and session:

Class: _____

Day: MON TUES WED THURS FRI SAT

Session: 1 2 3

Class: _____

Day: MON TUES WED THURS FRI SAT

Session: 1 2 3

Class: _____

Day: MON TUES WED THURS FRI SAT

Session: 1 2 3

Pat's Drop In Drills

Level: 3.0 – 4.0 Ages 15+

One hour of drill/instruction followed by ½ hour of doubles play. Contact Pat Purcell to register: 314.496.7990 or patpurcell@earthlink.net.

Sundays 8:00-9:30am & Tuesdays 1:00-2:30pm

Cost is \$25/class, pay on court. Class min. 8, max. 20. *Advanced registration required.* 24 hour cancellation policy.

1/06 & 1/08: Chip & Charge for Doubles
 1/13 & 1/15: Volley, Volley, Volley
 1/20 - 1/29: No classes, playing a tournament
 2/03 & 2/05: Reflex Training for Doubles
 2/10 & 2/12: Poaching and I Formation
 2/17 - 2/24: No classes, playing a tournament
 3/03 & 3/05: First Serve & Return of First Serve
 3/10 & 3/12: Slice & Spin Second Serves
 3/17 & 3/19: Basic Backhand
 3/24 & 3/26: Ferocious Forehand
 3/31 & 4/02: Attacking the Second Serve In Singles & Doubles
 4/07 – 4/14: No classes, playing a tournament
 4/16: Grinding the Grounds
 4/21 & 4/23: Approach Shots
 4/28 & 4/30: Aggressive Singles
 5/05 & 5/07: Mental Toughness Drills for Singles
 5/12 & 5/14: Service Box Kill Shots For Doubles
 5/19 & 5/21: Touch Shots
 5/26 & 5/28: Nadal Groundstrokes

Pat Purcell's Drop In Singles

The format will be one hour of drills followed by a half hour of set play. There will be a minimum 4 players, maximum 6 players per class. Pay on court \$40 cash or check. These classes are open to men and women, age 16 and up. You sign up weekly.

Mondays 9:00-10:30am

(No tennis on Jan. 21, 28, Feb. 18 and Apr. 8.)



CHESTERFIELD
ATHLETIC CLUB

Winter 2019 Tennis Guide Adult Programs



Men's Tennis

Singles League

Thurs: 6:00pm – 7:30pm | \$22 Per Week

Session 1: Jan. 3 – May 16

This league is for the 3.0 – 4.5 singles player. An easy way to have a weekly singles match through the indoor season. Sign up at the front desk in the singles book by the Wednesday before. Each player brings a new can of balls, and the winner takes the new can.

Saturday Doubles - FULL.

Call Paul for Wait List and Subs.

Saturdays: 8:00am – 10:00am
10:00am – 12:00pm

Session 1: Jan. 5– March 16 | \$200 (10 weeks)
(no tennis on Jan. 12)

Session 2: March 23 – May 11 | \$160 (8 weeks)

One hour of drills & instruction with the pros followed by one hour of doubles play. If you want to play better tennis, this clinic is for you.



16625 Swingley Ridge Road
Chesterfield, MO 63017
636.532.9992

Chesterfieldathleticclub.com

Women's Tennis

Beginner / Advanced Beginner

Mondays: 9:30am – 11:00am

Session 1: Jan. 7 – Feb. 18 | \$240 (7 Weeks)

Session 2: Feb. 25 – April 8 | \$240 (7 Weeks)

Session 3: April 15– May 20 | \$205 (6 Weeks)

This clinic is for ladies who are interested in learning the game, including strokes & strategies, & progressing to match play.

Intermediate / Advanced

Mondays: 11:00am – 12:30pm

Session 1: Jan. 7 – Feb. 18 | \$240 (7 Weeks)

Session 2: Feb. 25 – April 8 | \$240 (7 Weeks)

Session 3: April 15– May 20 | \$205 (6 Weeks)

Wednesdays: 12:00pm – 1:30pm

Session 1: Jan. 7 – Feb. 18 | \$240 (7 Weeks)

Session 2: Feb. 25 – April 8 | \$240 (7 Weeks)

Session 3: April 15– May 20 | \$205 (6 Weeks)

This clinic is for ladies who already play tennis & want doubles strategy with more advanced stroking technique. For the 2.5 and above rated player, each class includes 45 minutes of intensive drills & 45 minutes of strategy.

Monday Ladies Day

Mondays: 1:00pm – 2:30pm | \$340 (20 Weeks)

Session 1: January 7 – May 20

This is a competitive ladies day for intermediate and advanced players. Players will change courts every week based on their scores.

Tuesday Ladies Day

Tues: 9:30am – 11:00am | \$340 (20 Weeks)

Session 1: January 8 – May 21

This is a competitive ladies day for the advanced beginner to intermediate player. Great opportunity for first time league players.

Wednesday Ladies Night

Wed: 6:00pm – 7:30pm | \$340 (20 Weeks)

Session 1: January 9 – May 22

This is a great way to get a weekly game for the 2.5-4.0 player. Paul will set up a weekly match for you.

Cardio Tennis Extreme

High-energy fitness activity combines the best of tennis with cardiovascular exercise, delivering the ultimate full-body workout!

Sundays: 9:30am - 10:30am

Mondays: 12:30pm - 1:30 pm

Fridays: 10:30am - 11:30am

Liveball

Doubles-style game where pairs compete to gain & maintain control of a "champion" side. Challenging team must win 4 points before the champion team wins 2 in order to move to the champion side.

Tuesdays: 6:30pm - 7:30pm

*Programs led by Wynn Criswell & Mike Schaaf,
Certified Cardio Tennis Instructors & CAC Tennis Pros*

\$20 per class for CAC Members

\$25 per class for non-members

*Must register 24 hours in advance, minimum 4,
maximum 8 players. Call/Text Wynn: 314.517.1719*

