

## Registration Form

No matter your age, Chesterfield Athletic Club has a tennis program for you. Tennis was the Club's genesis and is an integral part of who we are. Participate in a clinic, take a lesson from a pro, play in a league, get some time with the ball machine or play with friends. Our tennis professionals and programs will help you live a healthier, more active life — all while making new friendships and developing a lifelong passion for the game. Membership is required to participate in all leagues and clinics.

Name: \_\_\_\_\_

Member Acct. Number: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Please indicate class name and circle day & sessions:**

Class: \_\_\_\_\_

Day: MON TUES WED THURS FRI SAT

Session: 1 2 3



### Pat Purcell's Drop In Drills

Level: 3.0 – 4.0 Ages 15+

One hour of drill/instruction followed by ½ hour of doubles play.

Contact Pat Purcell to register:  
314.496.7990 or [patpurcell@earthlink.net](mailto:patpurcell@earthlink.net)

**Sundays 8:00-9:30am and  
Tuesdays 1:00-2:30pm**

Cost is \$25/class, pay on court. Class min. 6, max. 12. *Advanced registration required.* 24 hour cancellation policy.

9/13 & 9/15	Better Groundstrokes
9/20 & 9/22	Ferocious Forehand
9/27 & 9/29	Bigger Backhand
10/4 & 10/6	Rip, Chip, Lob Return of Doubles Serves
10/11 & 10/13	Many, Many Volleys
10/18 & 10/20	Poaching and I Formation
10/25 & 10/27	Kill Volleys and Overheads
11/1 & 11/3	Serve & Volley for Singles & Doubles
11/8 & 11/10	Better Serve and Service Locations
11/15 & 11/17	Better Groundstrokes
11/22 & 11/24	Monster Forehand
11/29 & 12/1	Consistent Backhand
12/6 & 12/8	Rip, Chip, Lob Return of Serves for Doubles
12/13 & 12/15	Lots of Different Volleys
12/20 & 12/22	Poaching and I Formation
12/27 & 12/29	Making the Moves in Doubles

### Pat Purcell's Drop In Singles

The format will be one hour of drills followed by a half hour of set play. There will be a minimum 4 players, maximum 6 players per class. Pay on court \$40 cash or check. These classes are open to men and women, age 16 and up. You sign up weekly.

**Mon. 9:00-10:30am** Starting Sept. 14th



CHESTERFIELD  
ATHLETIC CLUB

**Fall 2020 Tennis Guide  
Adult Programs**



## Men's Tennis

### Singles League

Thurs: 6:00 – 7:30 pm | \$22 Per Week

Session 1: Sept.10 – Dec. 17(15 weeks)

*\*No tennis on November 26*

This league is for the 3.0 – 4.5 singles player. An easy way to have a weekly singles match through the indoor season. Sign up at the front desk in the singles binder by Wed. at 6:00pm. Each player brings a new can of balls, and the winner takes the new can.

### Saturday Doubles FULL- Call Paul for Wait List

Saturdays: 8:00 am – 10:00 am  
10:00 am – 12:00 pm

Session 1: Sept. 12 – Dec. 19 | \$325 (15 weeks)

One hour of drills & instruction with the pros followed by one hour of doubles play. If you want to play better tennis, this clinic is for you.



16625 Swingley Ridge Road  
Chesterfield, MO 63017  
636.532.9992

[www.chesterfieldathleticclub.com](http://www.chesterfieldathleticclub.com)

## Women's Tennis

### Intermediate / Advanced

Mondays: 11:00am – 12:30pm | \$240 (7 Weeks)

Wednesdays: 12:00pm – 1:30pm

Session 1: Sept. 14 – Oct. 26

Session 2: Nov.2 – Dec. 14

This is for 2.5-3.5 players who have played some competitive tennis and are ready for the next level.

### Monday Ladies Day

Mondays: 1:00pm – 2:30pm | \$240 (14 Weeks)

Session 1: Sept. 14 – Dec. 14

This is a competitive ladies day for intermediate and advanced players. Players will be put into different 2 out of 3 set match each week.

### Tuesday Ladies Day

Tues: 9:30am – 11:00am | \$240 (14 Weeks)

Session 1: Sept. 15 – Dec. 15

This is a competitive ladies day for the advanced beginner to intermediate player. Great opportunity for first time league players.



### Wednesday Ladies Night

Wed: 6:00 – 7:30 pm | \$240 (14 Weeks)

Session 1: Sept. 16 – Dec. 16

This is a great way to get a weekly game for the 2.5-4.0 player. Paul will set up a weekly match for you.

### Ladies Interclub A & B

Interested in interclub play? Please contact Paul at 636.532.9992.

### Cardio Tennis Extreme

High-energy fitness activity combines the best of tennis with cardiovascular exercise, delivering the ultimate full-body workout!

Sundays 9:30 - 10:30 am  
Mondays 12:30 - 1:30 pm  
Fridays 10:30 - 11:30 am

\$20 per class for CAC Members  
\$25 per class for non-members

24 hour advanced registration required.  
Minimum 4, maximum 8 players. Led by Wynn Criswell & Mike Schaaf, Certified Cardio Tennis Instructors & CAC Tennis Pros.

Call/Text Wynn: 314.517.1719

### Liveball

Doubles-style game where pairs compete to gain & maintain control of a "champion" side. Challenging team must win 4 points before the champion team wins 2 in order to move to the champion side.

Tuesdays: 6:30 - 7:30 pm

\$20 per class for CAC Members  
\$25 per class for non-members

Must register 24 hours in advance, minimum 4, maximum 8 players. Program led by Wynn Criswell & Mike Schaaf, Certified Cardio Tennis Instructors & CAC Tennis Pros.

Call/Text Wynn: 314.517.1719