

REGISTRATION FORM

No matter your age, Chesterfield Athletic Club has a tennis program for you. Tennis was the Club's genesis and is an integral part of who we are. Participate in a clinic, take a lesson from a pro, play in a league, get some time with the ball machine or play with friends. Our tennis professionals and programs will help you live a healthier, more active life – all while making new friendships and developing a lifelong passion for the game.

Name: _____

Member Acct. Number: _____

Phone: _____

Email: _____

Please indicate class name, circle day & sessions.

Class: _____

Day: MON TUES WED THUR FRI SAT SUN

Session: 1 2 3

Class: _____

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Session: 1 2 3

Class: _____

Day: MON TUES WED THUR FRI SAT SUN

Session: 1 2 3

CAC TENNIS LEAGUES

CAC offers competitive leagues in the evenings for men and women. Doubles leagues are best 2 of 3 set matches and Singles-Doubles leagues are 1 set of doubles followed by 1 set of singles. You are responsible for finding your own sub each week if you cannot play.

These leagues have limited enrollment and are currently full.

Contact Sharon (Sharon@chesterfieldathleticclub.com) for additional info about joining the waitlist for the upcoming season or being added to the sub list.

MEN'S LEAGUES

3.0/3.5 Singles-Doubles

Mondays 8:00pm-9:30pm

3.5/4.0 Singles-Doubles

Mondays 8:00pm-9:30pm

WOMEN'S LEAGUES

3.0 Doubles

Mondays 6:00pm-7:30pm

3.5 Doubles

Thursdays 7:30pm-9:00pm

3.0/3.5 Singles-Doubles

Tuesdays 8:30pm-10:00pm

4.0 Singles-Doubles

Saturdays 4:00pm-5:30pm

INTERCLUB

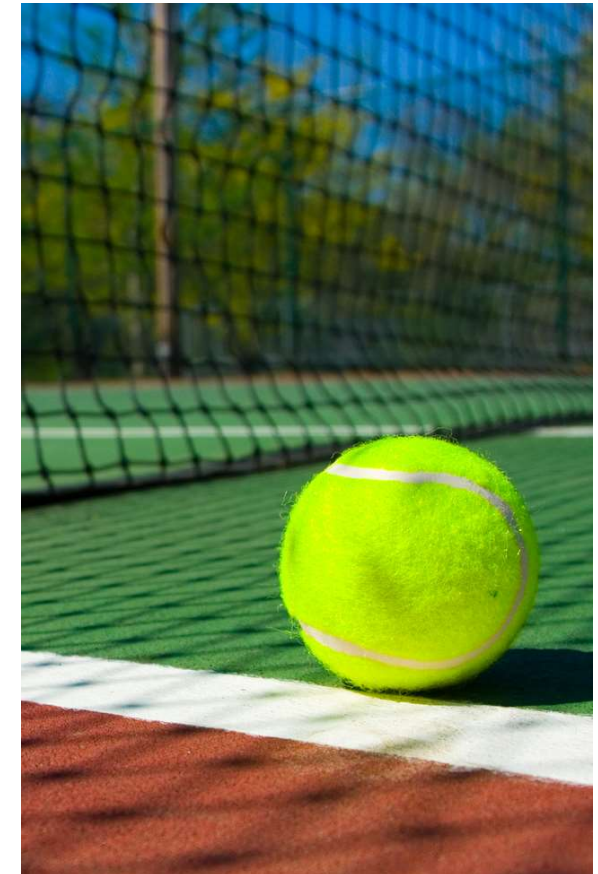
Competitive match play for women & men of all skill levels. Ladies A Team (3.5-4.5), Ladies B Team (2.5-3.0), Men and Senior Men (age 55+). Pick-up the Interclub Brochure in the lobby for additional information.

Contact Wynn: 314-517-1719



CHESTERFIELD
ATHLETIC CLUB

WINTER/SPRING 2022 ADULT TENNIS GUIDE



CHESTERFIELD
ATHLETIC CLUB

16625 Swingley Ridge Rd
Chesterfield MO, 63017
636-532-9992
chesterfieldathleticclub.com

INSTRUCTIONAL CLINICS (COED)

Beginner/Advanced Beginner – Play & Learn

Learn fundamentals of the game.

Format: 1 hr of instruction, 30 min match play.

Thursdays 6:00pm-7:30pm
Sundays 10:30am-12:00pm

Cost: \$34 members / \$39 nonmembers

Advance registration required.

Contact Wynn: 314-517-1719

Drill Clinic for USTA & League Players

For 3.0-4.0 women / 3.0-3.5 men. Focus on mechanics, rallying skills, & net play. Bring your USTA partner or teammate for maximum benefit.

Tuesdays 9:30am-11:00am

Cost: \$34 members / \$39 nonmembers

Advance registration required.

Contact Wynn: 314-517-1719

Drop-in Drills

For the 3.0-4.0 player. Different topics and strategies are focused on each week.

DOUBLES DRILLS

Sundays 8:00am-9:30am
Mondays 11:00am-12:30pm
Thursdays 6:00pm-7:30pm

Cost: \$25 per week (members / nonmembers)

SINGLES DRILLS

Mondays 9:00am-10:30am

Cost: \$30 per week (members / nonmembers)

Advance registration required.

Contact Brian: coachbkirk@gmail.com

MEN'S TENNIS CLINICS & LEAGUES

Singles League

For 3.0-4.5 men. Sign-up at the front desk in the Singles binder by Wednesday at 6:00pm each week to play.

Thursdays 6:00pm-7:30pm

Cost: \$23 per week (members only)

WOMEN'S TENNIS CLINICS & LEAGUES

Intermediate / Advanced Clinic

For the 2.5-3.5 player with some competitive experience that is ready for the next level.

Mondays 11:00am-12:30pm
Wednesdays 12:00pm-1:30pm

Session 1: Jan 3rd – Feb 21st (8 weeks)

Session 2: Feb 28th – April 18th (8 weeks)

Cost: \$280 for 8-week session / \$40 per week (drop-in)

Ladies Day

For 2.5-4.0 women. Players are provided with competitive matches each week. Format is the best 2 of 3 set match.

Mondays 1:00pm-2:30pm
Tuesdays 9:30am-11:00am

Session 1: Jan 3rd – May 10th (19 weeks)

Cost: \$342 for 19-week session (members only)

Ladies Night

For 2.5-4.0 women, this is an opportunity to play regularly and get additional match experience.

Wednesdays 6:00pm-7:30pm

Session 1: Jan 5th – May 18th (20 weeks)

Cost: \$360 for 15-week session (members only)

Ladies A Interclub Gold/Silver Additional Clinic

Mondays 1:00pm-2:30pm

Cost: \$34 per week (members only)

Advance registration req'd. Contact Kirk: 818-749-5333

Doubles Drop-in Clinic

For 2.5-3.5 ladies. 1 hr of instruction, 30 min match play.

Saturdays 8:00am-9:30am

Cost: \$25 per week (members / nonmembers)

Advance registration. Contact Brian: coachbkirk@gmail.com

Doubles Clinic

For 3.0-4.5 men. Players grouped by skill level. Format: 1 hr of instruction, 1 hr of match play.

Saturdays 8:00am-10:00am
Saturdays 10:00am-12:00pm

Session 1: Jan 15th – May 7th (17 weeks)

Cost: \$425 for 17-week session (members only)

CARDIO CLINICS (COED)

Cardio Tennis

High-energy fitness activity combines the best of tennis with cardiovascular exercise, delivering the ultimate full-body workout!

Thursdays 6:00pm-7:00pm

Cost: \$20 members / \$25 nonmembers

Advance registration required.

Contact Peyton: 225-290-7007

Live Ball

Fast-paced doubles-style game where pairs compete to gain and maintain control of the champion side. Win 2 points before you lose 2 points to take over the champion side.

Tuesdays 5:30pm-6:30pm

Tuesdays 6:30pm-7:30pm

Fridays 9:30am-10:30am

Saturdays 12:00pm-1:00pm

Sundays 8:30am-9:30am

Sundays 9:30am-10:30am

Cost: \$20 members / \$25 nonmembers

Advance registration required.

Contact Wynn: 314-517-1719

Beginner's Live Ball

This class will keep players moving through various competitive point play drills and games. Designed for beginners and advanced beginners to gain experience in a fun environment.

Mondays 10:00am-11:00am

Cost: \$20 members / \$25 nonmembers

Advance registration required.

Contact the front desk: 636-532-9992

