#### REGISTRATION FORM

No matter your age, Chesterfield Athletic Club has a tennis program for you. Tennis was the Club's genesis and is an integral part of who we are. Participate in a clinic, take a lesson from a pro, play in a league, get some time with the ball machine or play with friends. Our tennis professionals and programs will help you live a healthier, more active life — all while making new friendships and developing a lifelong passion for the game.

Parent:						
Phone:						
Email:						
Credit Card:			Exp:			
Provide child	's info,	, class r	ame, da	ay & s	essio	n.
Child:	Age:					
Class:						
Day: MON	TUES	WED	THUR	FRI	SAT	SUN
Session: 1	2 3					
Child:			Age:			
Class:						
Day: MON						
Session: 1	2 3				*****	
Child:			Age:			
Class:						
Day: MON				FRI	SAT	SUN
Session: 1	2 3					

# Membership has its Privileges!

CAC Tennis Membership or Junior Tennis Membership is required to attend the Junior Challenger, Junior Competitor, Junior Interclub and Elite clinics. Participation in these clinics entitles the member to:

#### FREE WALK-ON COURT TIME

(Applies only to the clinic participant for the duration of the clinic. Parents accompanying their child will be charged for ½ the court rate, non-members will be charged a guest fee, & the ball machine can be rented for an additional fee).

Junior tennis memberships are available and have a 12-month minimum commitment. The membership fee can be paid upfront (\$250/yr) or monthly (\$25).

#### **BILLING POLICY**

Clinics are billed based on when the student starts the session (prorated for number of remaining classes). Billing is not based on actual attendance.

Ask any tennis pro what you should do outside of the clinic to improve your game, and they will tell you to play more matches. Gateway Tennis provides great opportunities for aspiring young players to gain match experience.

#### **GATEWAY JUNIOR TENNIS TOURNAMENTS**

Gateway Junior Tennis is a series of tournaments geared towards the recreational player (intermediate to early advanced level).

**Format**: Single-day, round robin, non-elimination tournament (guaranteed 20 game minimum)

Divisions: under 12, 15, and 18 for boys & girls

Location/Time: Saturday evenings, indoors at St. Louis area tennis facilities (CAC & other clubs)

Contact Craig Tidwell: 636-448-2443



16625 Swingley Ridge Rd Chesterfield MO, 63017 636-532-9992 chesterfieldathleticclub.com



# JUNIOR TENNIS GUIDE WINTER/SPRING 2024



#### Tiny Tots (Ages 5-6 yrs)

A fun introduction to tennis for active young children. There will be lots of movement incorporated into a variety of games to develop the general motor skills necessary for advancing into the Quick Start program. Class will be taught using red balls on a smaller court. Membership is not required.

Req'd equipment: 17-19" racket (loaners available)

Mondays 4:30pm-5:30pm

Session 1: Jan 8<sup>th</sup>-March 4<sup>th</sup> (9 weeks) Session 2: March 11<sup>th</sup>- May 13<sup>th</sup> (10 weeks)

Cost:\$225 for 9 weeks /\$250 for 10 week session

Instructor: Mike Schaaf (314-397-3489)

#### Quick Start - Beginner (Ages 7-10+yrs)

This program introduces tennis fundamentals and focuses on coordination, movement, and balance skills so that students can start developing racket and ball control. Class will be taught using orange balls on a reduced court size. Membership is not required. Req'd equipment: 19-23" racket (loaners available)

Mondays 4:30pm-5:30pm

Session 1: Jan 8<sup>th</sup>-March 4<sup>th</sup> (9 weeks) Session 2: March 11<sup>th</sup>-May 6<sup>th</sup> (9 weeks)

Cost: \$270 for 9-week session

Instructor: Tracy Schaub (636-484-0744)

## Quick Start - Intermediate (Ages 7-10+yrs)

For graduates of the Quick Start – Beginner class and for children that already possess basic tennis skills. This class will continue to focus on fundamentals (technique and coordination), while also introducing basic strategy, point play, and score keeping. Class will be taught using low compression orange balls on a reduced court size. Membership is not required. Req'd equipment: 19-23" racket (loaners available)

Mondays 5:30pm-6:30pm

Session 1: Jan 8<sup>th</sup>-March 4<sup>th</sup> (9 weeks) Session 2: March 11<sup>th</sup>-May 6<sup>th</sup> ( 9 weeks)

Cost: \$270 for 9-week session

Instructor: Tracy Schaub (636-484-0744)

## Junior Challengers (Ages 8-12+yrs)

For graduates of the Quick Start – Intermediate class and for players that can rally forehands and backhands. Fundamentals will be reinforced and more advanced techniques, serving, and footwork will be introduced. Class will be taught using low compression green balls on a reduced court size.

Req'd equipment: 23-25" racket (loaners available)

Tuesdays 4:30pm-5:30pm Thursdays 4:30pm-5:30pm

Session 1: Jan 9<sup>th</sup>-March 7<sup>th</sup> (9 weeks) Session 2: March 12<sup>th</sup>-May 9<sup>th</sup> (9 weeks)

Cost: \$270 (Tu or Th) / \$504 (Tu & Th) for 9-weeks

Instructor: Tracy Schaub (636-484-0744)

## Junior Competitors (Ages 8-12+yrs)

For graduates of the Junior Challengers program and for players that have a basic understanding of the game and are ready to play regulation tennis (regular tennis balls on a full-size court). New techniques like groundstrokes with topspin and serves with slice with be introduced.

Req'd equipment: 26-27" racket

Tuesdays 5:30pm-7:00pm Thursdays 5:30pm-7:00pm

Session 1: Jan 9<sup>th</sup>-March 7<sup>th</sup> (9 weeks) Session 2: March 12<sup>th</sup>-May 9th (9 weeks)

Cost: \$315 (Tu or Th) / \$576 (Tu & Th) for 9 weeks

Instructor: Tracy Schaub (636-484-0744)

## Drop-in Adv Beginner/Intermediate (Ages 7-10 yrs)

Work on building a strong foundation to grow your tennis game by reinforcing proper technique, learning rallying skills, serve development, and point play in a fun and positive environment.

Wednesdays 4:30pm-6:00pm

Cost: \$34 per week / \$39 for nonmembers

Instructor: Tao Cui (314-517-1719)

#### Junior Interclub (Age 12+yrs)

#### INSTRUCTOR APPROVAL

For entry-level Middle School, High School, and tournament players. This is a drills-based clinic that improves players skills to achieve match readiness.

Wednesdays 5:30pm-7:00pm Fridays 5:30pm-7:00pm

Session 1: Jan 3<sup>rd</sup>- March 1<sup>st</sup> (9 weeks) Session 2: March 6<sup>th</sup>-May 3<sup>rd</sup> (9 weeks)

Cost: \$342 (Wed) / \$304 (Fri) / \$646 Both Wed & Fri

Instructor: Wynn Criswell (314-517-1719)

#### Elite

#### **INSTRUCTOR APPROVAL / INVITATION ONLY**

For advanced / tournament-level players that are committed to further developing their game (technique, strategy, mental & physical toughness).

Wednesdays and/or Fridays 4:00pm-6:00pm

Session 1: Jan 3<sup>rd</sup>-Feb 2nd (5 weeks) No class Fri 1/5 Cost: \$280 (Wed)/\$224 (Fri) \$453.60 (Wed & Fri)

10% discount for attending BOTH days

Session 2: Feb 7<sup>th</sup>-March 1<sup>st</sup> (4 weeks)

Cost: \$224 (Wed)/\$224 (Fri) \$403.20 (Wed & Fri)

Instructors: Wynn Criswell (314-517-1719)
Billy Gluck & Mike Schaaf

# Drop-in Beginner (Ages 7-10 yrs)

Introduction to all aspects of tennis (stroke development, hand-eye coordination, & scoring) in a fun, active, & supportive environment.

Saturdays 3:00pm-4:00pm

Cost: \$25 per week / \$30 for nonmembers

Instructor: Tao Cui (314-517-1719)

## Drop-in Beginner/Intermediate (Ages 11+ yrs)

Introduction to all aspects of tennis (stroke development, hand-eye coordination, & scoring) in a fun, active, & supportive environment.

Saturdays 1:30pm-3:00pm

Cost: \$34 per week / \$39 for nonmembers

Instructor: Tao Cui (314-517-1719)